

Lange Afstand Wedstrijd
Oss, 4-12-2016

Programmanr. 1
4-12-2016 - 16:15

Dames, 800m vrije slag

Dames Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT	
1.	Floor Weijmans	Hzpc	10:07.04	199502522	9:46.74 573	
	100m: 1:10.08	1:10.08	300m: 3:37.70	1:14.22	500m: 6:06.50	1:14.41
	200m: 2:23.48	1:13.40	400m: 4:52.09	1:14.39	600m: 7:20.29	1:13.79
					700m: 8:35.08	1:14.79
					800m: 9:46.74	1:11.66
2.	Denise van der Burgt	Zeester Meerval	9:50.17	200201812	9:49.68 565	
	100m: 1:11.12	1:11.12	300m: 3:41.42	1:15.39	500m: 6:09.54	1:13.74
	200m: 2:26.03	1:14.91	400m: 4:55.80	1:14.38	600m: 7:23.29	1:13.75
					700m: 8:37.10	1:13.81
					800m: 9:49.68	1:12.58
3.	Anne Paulusse	O.Z. & P.C. De Warande	10:08.74	200200834	10:11.65 506	
	100m: 1:10.28	1:10.28	300m: 3:42.70	1:17.36	500m: 6:19.59	1:18.71
	200m: 2:25.34	1:15.06	400m: 5:00.88	1:18.18	600m: 7:38.42	1:18.83
					700m: 8:56.60	1:18.18
					800m: 10:11.65	1:15.05
4.	Lot Sauren	Z&PV Nuenen	10:57.69	200001214	10:28.73 466	
	100m: 1:13.79	1:13.79	300m: 3:53.32	1:20.58	500m: 6:34.09	1:20.49
	200m: 2:32.74	1:18.95	400m: 5:13.60	1:20.28	600m: 7:53.94	1:19.85
					700m: 9:13.82	1:19.88
					800m: 10:28.73	1:14.91
5.	Ymke van Dongen	O.Z. & P.C. De Warande	10:47.15	200202662	10:41.08 439	
	100m: 1:14.14	1:14.14	300m: 3:53.42	1:19.67	500m: 6:35.54	1:22.33
	200m: 2:33.75	1:19.61	400m: 5:13.21	1:19.79	600m: 7:57.50	1:21.96
					700m: 9:20.83	1:23.33
					800m: 10:41.08	1:20.25
6.	Marlijn Zwart	Hzpc	NT	200300972	10:47.47 427	
	100m: 1:17.19	1:17.19	300m: 4:03.04	1:22.67	500m: 6:45.27	1:21.47
	200m: 2:40.37	1:23.18	400m: 5:23.80	1:20.76	600m: 8:05.86	1:20.59
					700m: 9:27.38	1:21.52
					800m: 10:47.47	1:20.09
7.	Anna van Kuijk	Hzpc	NT	200300564	10:51.94 418	
	100m: 1:19.27	1:19.27	300m: 4:06.36	1:22.89	500m: 6:50.12	1:21.34
	200m: 2:43.47	1:24.20	400m: 5:28.78	1:22.42	600m: 8:11.39	1:21.27
					700m: 9:31.88	1:20.49
					800m: 10:51.94	1:20.06
8.	Kelly Patricia	Vzc E&P	11:22.69	200402818	11:01.41 400	
	100m: 1:18.75	1:18.75	300m: 4:05.13	1:22.84	500m: 6:52.25	1:23.60
	200m: 2:42.29	1:23.54	400m: 5:28.65	1:23.52	600m: 8:15.38	1:23.13
					700m: 9:38.86	1:23.48
					800m: 11:01.41	1:22.55
9.	Aniek van de Weerd	Vzc E&P	12:32.15	200404136	11:10.12 385	
	100m: 1:20.95	1:20.95	300m: 4:12.59	1:24.73	500m: 7:01.86	1:24.91
	200m: 2:47.86	1:26.91	400m: 5:36.95	1:24.36	600m: 8:27.47	1:25.61
					700m: 9:50.03	1:22.56
					800m: 11:10.12	1:20.09
10.	Augustha Koch	Rzc	12:00.00	200500546	11:45.85 329	
	100m: 1:21.93	1:21.93	300m: 4:22.89	1:30.71	500m: 7:22.72	1:29.80
	200m: 2:52.18	1:30.25	400m: 5:52.92	1:30.03	600m: 8:53.31	1:30.59
					700m: 10:22.28	1:28.97
					800m: 11:45.85	1:23.57
11.	Marit Stil	HZV Lutra	NT	200005818	12:14.46 292	
	100m: 1:24.25	1:24.25	300m: 4:28.77	1:32.69	500m: 7:36.14	1:34.19
	200m: 2:56.08	1:31.83	400m: 6:01.95	1:33.18	600m: 9:10.56	1:34.42
					700m: 10:46.18	1:35.62
					800m: 12:14.46	1:28.28
12.	Eefke Verschoor	Rzc	12:30.00	200500430	12:19.67 286	
	100m: 1:23.51	1:23.51	300m: 4:26.60	1:32.50	500m: 7:35.04	1:34.56
	200m: 2:54.10	1:30.59	400m: 6:00.48	1:33.88	600m: 9:12.16	1:37.12
					700m: 10:45.89	1:33.73
					800m: 12:19.67	1:33.78
13.	Jolijn Wolters	De Treffers	NT	200304814	13:17.83 228	
	100m: 1:32.29	1:32.29	300m: 4:53.67	1:41.16	500m: 8:19.62	1:42.60
	200m: 3:12.51	1:40.22	400m: 6:37.02	1:43.35	600m: 10:02.59	1:42.97
					700m: 11:44.62	1:42.03
					800m: 13:17.83	1:33.21